

BIRTHDAY FREEBIES CHECKLIST

Give Me The Mike | September 2026

125 listings to check off as you plan your birthday.

Join rewards programs early; check the full guide before redeeming.



EAT OUT

- ☐ **6 Smith** · Free birthday bubbles or small chocolate cake
- ☐ **Acapulco Restaurante Mexicano** · Free entrée
- ☐ **Alary's Kitchen & Bar** · \$5 off
- ☐ **Applebee's** · Free dessert with \$15 purchase
- ☐ **Arby's** · Free dessert
- ☐ **Benihana** · \$50
- ☐ **Big Bowl / Twin City Grill / Wildfire** · \$15 or \$20 credit
Prior reward points required
- ☐ **Blue Plate restaurants** · \$10 shared across 3 Squares, Groveland Tap, Highland Grill, Longfellow Grill & The Freehouse
- ☐ **Buffalo Wild Wings** · Six free wings
- ☐ **Bullvino's Churrascaria** · \$15
- ☐ **Cantina Laredo** · Free tres chocolate brownie dessert with purchase
- ☐ **Cara Irish Pubs** · \$15 at Kieran's, The Local Minneapolis or The Local West End
- ☐ **Casper's Cherokee of Eagan** · Free eight ounce sirloin dinner with purchase
- ☐ **Chili's** · Free dessert with \$5 purchase
- ☐ **Chipotle** · Free guacamole with \$5 purchase
- ☐ **Crooked Pint Ale House** · Free Juicy Lucy
- ☐ **Culver's** · Free frozen custard with one topping
- ☐ **Denny's** · Free breakfast
- ☐ **Dickey's Barbecue Pit** · Freebie
- ☐ **Einstein Bros. Bagels** · Free egg sandwich with purchase
- ☐ **Famous Dave's** · Free dessert

EAT OUT

- ☐ **Fogo de Chão Brazilian Steakhouse** · \$25
- ☐ **Golden Corral** · Free buffet with purchase
- ☐ **Green Mill** · Free deep dish pizza
- ☐ **Hardee's** · Free Frisco breakfast or Angus burger with purchase
- ☐ **Hogan Brothers** · Free half hoagie and beverage
- ☐ **Houlihan's** · Free entrée with purchase
- ☐ **IHOP** · Free full stack of pancakes
- ☐ **Jersey Mike's** · Free sandwich and beverage
Prior annual sub purchase required
- ☐ **Kona Grill** · \$50
Choose Kona Grill OR Benihana for the \$50 reward
- ☐ **La Casita** · Free entrée or dessert with purchase
- ☐ **Landry's Select Club** · \$25 restaurant credit
\$25 paid club membership required
- ☐ **Lindey's Prime Steak House** · \$25
- ☐ **McDonald's** · Free food
- ☐ **Melting Pot** · Six signature dipped strawberries with purchase
- ☐ **My Burger** · Free shake
- ☐ **Nelson Bros. Restaurant & Bakery** · Free slice of pie or ice cream sundae with purchase
- ☐ **Noodles & Company** · Free dessert
- ☐ **NUPA Mediterranean Grill** · \$15
- ☐ **Olive Garden** · Free dessert
- ☐ **Panda Express** · Free entree, appetizer or side with purchase
- ☐ **Papa Johns** · Free dessert

Terms, locations and expiration dates vary. Check the full guide before you go.

Full details: givemethemike.com/best-birthday-freebies/

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PRINT + CHECK OFF AS YOU GO

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- ☐ **Papa Murphy's** · Free cinnamon wheel dessert with purchase
- ☐ **Park Tavern** · Free drink or dessert
- ☐ **Perkins American Food Co.** · Free Magnificent Seven breakfast
- ☐ **P.F. Chang's** · Free dessert or appetizer
- ☐ **Pizza Ranch** · \$5
- ☐ **Pollo Campero** · \$10 off \$20 or more
- ☐ **Portillo's** · Free slice of chocolate cake
- ☐ **Potbelly Sandwich Works** · Free cookie or Dream Bar
- ☐ **Qdoba Mexican Eats** · Free chips and queso
- ☐ **Red Lobster** · Free dessert
- ☐ **Red Robin** · Free burger
Prior \$10 spend + \$4.99 redemption minimum
- ☐ **Red's Savoy Pizza** · \$15
- ☐ **Shake Shack** · Free shake
- ☐ **SONIC** · Free small shake with purchase
- ☐ **Stockyards Tavern & Chophouse** · \$5
- ☐ **Subway** · Free food
- ☐ **Taco Bell** · Free Mountain Dew Baja Blast Freeze
- ☐ **Texas Roadhouse** · Free appetizer or side of ribs with purchase
- ☐ **The Cheesecake Factory** · Free slice of cheesecake with purchase
- ☐ **The Honey Baked Ham Company** · \$9 credit
- ☐ **The Tavern Grill** · \$25
- ☐ **Yard House** · Free dessert

SWEET TREATS

- ☐ **Auntie Anne's** · Free pretzel
- ☐ **Bean Co** · Free crepe and \$5
- ☐ **Ben & Jerry's** · Free scoop of ice cream
- ☐ **Breadsmith** · \$10
- ☐ **Bruegger's Bagels** · Free bagel with cream cheese
- ☐ **Carvel** · Free small cup or cone
- ☐ **Cinnabon** · Free small cold brew
- ☐ **Cold Stone Creamery** · \$5
- ☐ **Krispy Kreme** · Three free donuts with purchase
- ☐ **Nadia Cakes** · Free cupcake
- ☐ **Nothing Bundt Cakes** · Free bundtlet
- ☐ **Panera Bread** · Free pastry or sweet
- ☐ **T-Rex Cookie** · Free cookie
- ☐ **Wetzel's Pretzels** · \$5

DRINKS

- ☐ **A&W** · Free root beer float
- ☐ **Caribou Coffee** · Free beverage
- ☐ **Dunkin'** · Three times points
- ☐ **Dunn Brothers Coffee** · Free beverage
- ☐ **Hoggsbreath Bar & Grill** · Free drinks and \$20 bingo pack
- ☐ **Jamba** · Free small smoothie
Prior \$10 spend required
- ☐ **Orange Julius** · \$2 small beverage
- ☐ **Skinner's Pub** · Four hours of free beer

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DRINKS

- ☐ **Starbucks** · Free beverage or food item
Birthday only; prior qualifying purchase
- ☐ **Total Wine & More** · Bottle of wine for \$.05

SHOPPING

- ☐ **American Eagle / Aerie** · \$5 credit
- ☐ **Anthropologie** · 20% off
- ☐ **Arc's Value Village** · \$5
- ☐ **At Home** · 15% off
- ☐ **Bath & Body Works** · Free item of your choice
Purchase required; item up to \$9.95
- ☐ **Claire's** · \$5
- ☐ **DSW** · Birthday bonus reward
First VIP purchase required
- ☐ **Express** · \$5-40
- ☐ **Finish Line** · \$10
- ☐ **Fleet Farm** · \$5
- ☐ **Gotta Go Gotta Throw** · 100 points
- ☐ **IKEA** · \$10 credit
Join and opt into emails 30 days early
- ☐ **Kendra Scott** · 50% off fashion jewelry or 25% off selected items
- ☐ **Kohl's** · \$5+ Kohl's Cash
- ☐ **Macy's** · \$10 off \$40 purchase
- ☐ **Madewell** · \$25
- ☐ **MINISO** · 20% off purchase
- ☐ **Sephora** · Free gift

SHOPPING

- ☐ **Target** · 5% off
- ☐ **Ulta Beauty** · Free gift
- ☐ **Victoria's Secret** · \$10
Prior purchase required
- ☐ **Yankee Candle** · Free gift

THINGS TO DO

- ☐ **ACME Comedy Company** · Free comedy show tickets for four
- ☐ **AMC Theatres** · Free large popcorn
- ☐ **Crayola Experience** · Free admission
- ☐ **First Avenue** · Free concert tickets for two
- ☐ **Puttshack** · Free round of mini golf
- ☐ **Stevie Ray's Comedy Cabaret** · Free dinner and show ticket

KIDS & FAMILY

- ☐ **Build-A-Bear Workshop** · \$10 off \$40 purchase
- ☐ **Lunds & Byerlys** · Free baby birthday cake with purchase
- ☐ **Minnesota Children's Museum** · Free child admission + treat

TRAVEL & CASINOS

- ☐ **Grand Casino** · Up to \$125 in Grand Play
Prize varies; up to \$125
- ☐ **Mystic Lake Casino Hotel** · Up to \$1,000 in slot play
Prize varies; up to \$1,000
- ☐ **Royal Caribbean Cruises** · Up to \$300 credit
- ☐ **Treasure Island Resort and Casino** · Up to \$1,000 in slot play and dining credit
Prize varies; up to \$1,000

MINNESOTA EXTRAS

- ☐ **Captive Elements** · Free piercing jewelry
Piercing required for free jewelry
- ☐ **Paradise Car Wash** · Free car wash